

## Flametree Xmas / New Year Break Timetable

The normal timetable will run until and including Sunday 23rd December

Each of the 3 weeks over Xmas are different, as below, based on the dates below in bright green boxes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WEEK One of Xmas Timetable (All classes in Room ONE at 19b Bishop St)</b>						
<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>
Closed	Closed <b>Happy Xmas!</b>	9-11am Intensive "Yoga Skills" Chris / Richard	9-11am Intensive "Yoga Skills" Chris / Richard	9-11am Intensive "Yoga Skills" Chris / Richard	.9.30-11am Mixed Level Chris	.9.30-11am Mixed Level Chris
Intensive is suitable for Trans level and above						
		5.45-7.15pm Mixed Level Richard	5.45-7.15pm Mixed Level Chris	5.45-7.15pm Mixed Level Belinda Q		

<b>WEEK 2 of Xmas Timetable (All classes in Room ONE at 19b Bishop St)</b>						
<u>31</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
Closed	Closed <b>Happy New Year!</b>	9-11am Intensive "Women Only" Chris	9-11am Intensive "Women Only" Chris	9-11am Intensive "Women Only" Chris	.9.30-11am Mixed Level Richard	.9.30-11am Mixed Level Chris
Intensive is suitable for all levels (plus beginners if you've come to Beginner (Women Only) already)						
		5.45-7.15pm Mixed Level Richard	5.45-7.15pm Mixed Level Chris	5.45-7.15pm Mixed Level Richard		

<b>WEEK 3 of Xmas Timetable</b>						
<b>R1 = 19b Bishop; R2 = 14b Bishop</b>						
<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
10am (R1) Trans / Intern. Richard	8.30am (R1) Experienced Richard		6.15am (R1) Trans Belinda H		7.00-45am (R1) Exp. Chris	8.30-10am(R1) Tran/Intern Richard
			8.30am (R1) Experienced Chris		9-10.30am(R1) Intern Richard	10.15-11.45(R1) Exp Emmanuelle
5.45pm (R1) Trans / Intern. Richard	5.45pm (R1) Exp. / Intern. Chris	5.45-7.15 (R1) Trans / Intern. Belinda H	5.45-7.15 (R1) Exp. / Intern. Richard	5.30-7pm (R1) Relax/Rew Renaë	10.45am (R1) Trans Jade	
	5.45pm (R2) Trans Renaë		5.45 (R2) Trans Chris		10.45 (R2) Yoga 4 Health Emmanuelle	

### Notes

Three day intensive costs \$60 (Those on DD can use their regular membership)

Our strong preference is for you to come to the whole intensive, unless you arrange with us otherwise

Normal full timetable starts from 14 January, including the 6 week Beginner Course

Persons finishing Beginners (& joining Trans) can come to any class via direct debit, ten pass or casual

Continuing beginners can come to any Trans class for free if they buy the January beginner course.

Intensives require buying an Intensive Pass, or using direct debit if you subscribe to it.